



Starters

Mac & Cheese 8.50

With bacon \$3, with kimchi \$2, with asparagus \$3.50, with crab \$4

Maryland Crab Dip 13

A creamy blend of cheeses, spices and crab meat

Chipotle Shrimp Skewers 13

Shrimp basted with smoked chipotle peppers over greens and presented with a garlic horseradish dipping sauce.

Hummus 10.95

A traditional blend of chick peas, Tahini and spices served with Pita bread, carrots and celery.

Warmed Brie 12.95

Accompanied by apples, grapes, crackers, baguette, almonds and whole grain mustard.

Artichoke & Spinach Dip 11.50

A creamy blend of cheeses, artichoke, spinach and spices.

Cheese and Pate du Jour 16

An international sampling of cheeses and Pâté. Served with apples, grapes, crackers, baguette and whole grain mustard.

Smoked Salmon 13

A twist on a classic offering. Atlantic smoked salmon served with pita wedges, pico de gallo and a scallion cream cheese spread.

Chips and Salsa 7.25

Our house pico de gallo and chips.

Bruschetta 8.95

Our version of the Italian favorite. Olive oil brushed over our French baguette and topped with our pico de gallo salsa and shredded parmesan.

Korean Sesame Tuna 13

Sushi grade ahi tuna served medium rare

HAPPY HOUR STARTERS

Wine • Beer • Cocktails
25% off from 4-7 pm • M-F

Sandwiches

All sandwiches come with your choice of red potato salad, small green salad, or celery root salad or Add Fruit \$2.25, Add Caesar \$1.50, Add Spinach Salad \$2.

Grilled Cheese 8.50

With spinach or tomato add 1.50
With bacon add 2

Veggie Haven 11

Green bell peppers, carrots, mushroom, lettuce, tomato, onion, avocado, swiss cheese and a layer of hummus on toasted pita bread. Accompanied with our rosemary garlic dressing.

Coronation Curried Chicken Salad Sandwich 13

Our signature curried chicken salad served on a croissant.

Roast Beef w/Au jus 11.25

on Kaiser roll with horseradish

Rosemary Chicken 12.50

Marinated breast of chicken topped with cheddar and bacon served on foccacia bread. Offered with our garlic horseradish sauce.

Crabcake - Market Price

Jumbo lump crab cake served on a kaiser roll.

Pesto Tuna Steak 14.50

Sushi grade tuna seared then topped with pesto and dill Havarti cheese. Served on foccacia.

Melted Ham and Swiss 10.95

Virginia ham topped with melted swiss served on our marble rye bread and accented with Dijon mustard or grain mustard.

Brian's Steak & Cheese 12.95

Thin sliced beef, sauteed mushrooms, onion & melted provolone served on a french baguette

Albacore Tuna Melt 10.50

Chunk white and light tuna tossed in our special herbed dressing topped with melted cheddar and served on our multi-grain bread.

Portabello Mushroom Sandwich 10.75

Marinated portobello mushroom with pesto, melted dill Havarti cheese served on a kaiser roll.

BLT 8.50

A classic served on our multi-grain bread.

Healthy Turkey 10.95

Sliced lean turkey breast with smoked gouda on sun-dried tomato foccacia accented with our grain mustard.

Crab and Shrimp Melt 14

Open faced with melted dill Havarti, slice of tomato and on an English muffin.

Half Sandwich & Bowl Of Soup 12.95

½ of SELECTED sandwiches and a bowl of soup du jour

EXCLUDES: Rosemary Chicken; Crabcake; Pesto Tuna; Crab and Shrimp Melt; Brian's steak & cheese

Quiche

All served with a small green salad or Add Fruit \$2.25, Add Caesar \$1.50, Add Spinach Salad \$2
House made and golden brown. Your choice of:

Bacon Mushroom Swiss

11

Broccoli Cheddar

10

Crab Scallion

12.50

Consuming raw or under cooked meats poultry, seafood or eggs may increase your risk of food borne illness.
Menu items can be prepared to accommodate dietary needs or allergies.

Salads / Soup

49 West Salad 12

Mixed greens, almonds, blueberries, sliced green apples, cucumbers, tomato, red onion and garnished with a bit of gorgonzola cheese.

Spinach / Arugula Salad 12

Baby spinach and arugula decorated with caramelized walnuts, red onions, goat cheese, tomato and strawberries.

Coronation Curried Chicken Salad 13

Shredded white chicken breast marinated in a mild curry chutney dressing. Accented with raisins, peas, bell peppers and served with apple slices and crackers.

Smoked Salmon Salad 14

Smoked salmon, mushrooms, bell peppers, bacon, capers, red onion, tomato, and cucumber over mixed greens.

Greek Salad 11

Mixed greens, feta, cucumber, tomato, red onions, pepperoncini and calamata olives served with a balsamic vinaigrette.

Classic Caesar 9.25

BLT Salad 11

A wonderful mix of crisp romaine, baby spinach, bacon, tomato and feta.

Crab Salad Nicoise 14.50

Marinated blend of crab, red bell pepper, onion and spices, served over mixed greens garnished with boiled potato, tomato, hard boiled egg.

Bowl of Soup 7 - 10

A constantly changing selection of unique and seasonal soups.

Ask your server for today's offerings.

Add to any salad: Citrus pepper chicken 4 Chipotle Shrimp 5.50 Steak or Ahi Tuna Steak 6 Salmon fillet 6
Our Dressings: Vinaigrettes: Sun-dried tomato, Rosemary garlic or Balsamic
 Creamy: Ranch, Blue Cheese or Caesar

Evening Offerings

Salmon 49 23

Filet of Salmon seasoned with our spice seasoning & served w/black beans & rice, pico de gallo & seasonal vegetables

Mushroom Ravioli 16.95

served in a creamy tomato caper sauce

Beef Medallions & Portobello Mushroom 24

Choose either a balsamic reduction glaze OR with melted gorgonzola side roasted garlic rosemary potatoes and vegetable du jour

2 Corn Tacos

served with a citrus/cilantro red cabbage slaw, side chips and pico de gallo.

Korean Bulgogi 9 Chicken 9 Shrimp 10.50

Flat bread Pizzas

"In pizza we crust" 14.95

Inspired by the Musician Gingerwolf, pesto sauce, ahi tuna

Vegilicious 10.95

Broccoli, mushrooms, peppers, green onion & brushed with olive oil & garlic.

Spinach, Steak & Garlic 13.95

wih a garlic butter sauce

Chorizo Sausage 12.95

With mushroom & red onion with an olive oil and garlic sauce

Coffees / Beverages

Coffee (bottomless cup) 3.75 We proudly serve Rise up Coffee. We have a full service espresso bar and can make all of your favorites. All Coffees available iced, decaf and with flavor. And yes, we have soy and almond milk .50

Espresso (double) 2.75

Café Latte 3.75

Café Aulait 3.50

Cappuccino 3.75

Café Mocha 4.25

Chai Latte 3.75

Hot Chocolate & Steamers 3.50

Hot milk with a shot of your favorite syrup.

Cacao Tea 4.25

Organic and less caffeine than green tea. Full of magnesium, potassium & antioxidants. Great alternative to coffee.

Cup of Tea 3.25

Your choice of our loose leaves in an individual steeper.

Caffeinated: Earl Grey, English Breakfast, Irish Breakfast, Ceylon, Oolong, Gunpowder Green, Russian Caravan, Jasmine, Darjeeling, Raspberry, Black Currant, Yerba Mate

Decaffeinated: Chamomile, Lemon Grass, Hibiscus, Spearmint, Peppermint, Decaf Ceylon, Decaf Apricot

Fountain Soda 2.75

Coke, Diet Coke, Ginger Ale, Sprite.

Cranberry, Apple, Ruby Red Grapefruit or Tomato Juice 2.95

All prices subject to change.

An 20% gratuity will be added for parties of 5 or more.

Freshly Squeezed Orange Juice 3.85

Fresh Squeezed Lemonade 3.50

Made to order.

Italian Soda / Phosphate 3.25

Light flavored soda made to order caffeine free.

Available syrups: Vanilla, caramel, hazelnut, almond, Irish cream, mint, raspberry, peach, blackberry, & seasonal additions.

Sugar free options: Vanilla & hazelnut

Brewed Iced Tea 2.50

Regular or Spiced

Jarritos Soda 3.25

Reeds Extra Ginger Beer 3.50

Maine Organic Root Beer 3.50

Boylans Black Cherry Soda 3.50

Perrier Sparkling 3.50

Bottled Water 2.25

