



49 WEST BREAKFAST

Served M-F until 11am & Sat & Sun until 2pm

Mornin Breakfast Burrito

9.75

Our eggs espresso, peppers, mushrooms, cheddar & chorizo sausage in a tortilla wrap and side of hash browns.

Vegan Option: Morning Star Farms chorizo, vegan cheese, peppers, mushroom in a tortilla wrap and side hash browns

12.75

Eggs Espresso

5.95

Two steamed scrambled eggs. A light healthy twist on a morning favorite. Served with your choice of English muffin, Wheat toast, Brioche bread or French baguette. Sub Udi's GF bread 2.00.

Add your choices:

Meats 1.85: Diced ham, Bacon, Canadian bacon, Chorizo, Turkey bacon, Sausage

Cheeses 1.85: Cheddar, Swiss, Gouda, Dill Havarti, Goat, Feta

Veggies 1.50: Spinach, Peppers, Scallions, Pepperoncini, Mushroom

Vegan 2.00: Morning Star Farms chorizo crumble OR Breakfast patty, Vegan cheese

Avocado Toast

On wheat bread or brioche.

with Poached Egg

12

with Bacon

12

with Tomato

11

Poached Eggs

9.75

2 poached eggs, choice of breakfast meat and choice of English muffin, wheat, rye, Brioche or Baguette.

Breakfast Sammie

9.75

Croissant, steamed scrambled eggs with choice of cheese, choice of breakfast meat.

Housemade Quiche

13

Bacon, Mushroom & Swiss OR Broccoli Cheddar

With small green salad.
With Fruit 3.00, Caesar 1.50

Sarah's All Day Bowl

13

Steamed rice mixed with a touch of sesame oil & soy sauce, steamed broccoli, sliced avocado choice of pan-fried tofu or 2 poached eggs, scallions and sesame seeds

Brioche French Toast

10.95

Syrup and powdered sugar

Pancakes

9.95

Buttermilk pancakes, syrup, powdered sugar

Smoked Salmon & Bagel

13.95

Capers, red onion, tomato, cream cheese.

Bagel choices: Plain, ET, oatmeal wheat, pumpernickle.

Granola, Fruit & Yogurt

12.95

House made, seasonal fruit, plain yogurt.

Oatmeal Bowl

5

With blueberries or strawberries, bananas, almonds, or raisin 2.00

Fruit Bowl

9.50

House Baked Muffins & Scones

4

Pain Au Chocolat or Almond

4.25

Bagel & Cream Cheese

2.95

Plain, ET, oatmeal wheat, pumpernickle. cinnamon raisin.

Breakfast Meats & Sides:

Bacon, Chorizo, Canadian bacon,

2.50

Sausage, Turkey bacon

Morning Star Farm Breakfast Patties

3.00

Pâté du jour

5

Hummus

2.50

Roasted Potatoes

2

Hash Browns

2

Consuming raw or under cooked meats, poultry, seafood or eggs may increase your risk of food borne illness.

Menu items can be prepared to accommodate dietary needs or allergies.

All Prices are subject to change. A 20% gratuity may be added for parties of 5 or more.

COFFEES/ TEAS

Coffee (bottomless) 3.75

We proudly serve RISE UP COFFEE ROASTERS and are a full service espresso bar.



All coffees are available iced, decaf and with a flavor.

Almond Milk or Soy milk .50

Double Espresso 3

Cappuccino 3.75

Café Latte 3.75

Café Mocha 4.25

Café Au lait 3.50

Chai Latte 3.75

Green Tea Matcha 3.75

Cacao Tea 4.50

Organic and less caffeine than green tea. Full of antioxidants. Great alternative to coffee.

Tea 3.50

Loose teas in individual steeper.

Types of Teas

Caffeinated

Earl Grey	Gunpowder Green
English Breakfast	Russian Caravan
Irish Breakfast	Jasmine
Ceylon	Darjeeling
Oolong	Raspberry
Black Current	Yerba Mate

Decaffeinated

Chamomile
Hibiscus
Spearmint
Peppermint
Decaf Ceylon
Decaf Apricot

BEVERAGES

Freshly squeezed OJ 3.85

Other Juices 2.95

Cranberry, Apple, Grapefruit or Tomato

House Lemonade 3.25

Made to order

Brewed Iced Tea 3.95

Regular or Spiced

Fountain Soda 2.95

Coke, Diet, Sprite, Ginger ale

Reeds Extra Ginger Beer 3.50

Maine Root Root beer 3.50

Boylans Black Cherry Soda 3.50

Perrier Sparkling Water 2.25

Italian Soda or 3.25

Phosphate (with half/half & whipped cream)

Flavored soda with Monin flavored syrup. Caffeine free.

Syrups

Vanilla	Raspberry	Sugar Free: Vanilla
Caramel	Peach	
Hazelnut	Blackberry	
Almond	Mint	
Irish Cream	Seasonal Additions	